

# Agenda

**Program Committee - April 28, 2010**  
**Arizona Nutrition Network**  
**Arizona Department of Health Services**  
**150 N. 18th Ave., Room 345**  
**Phoenix, Arizona**

4:00 - 5:00 pm      Program Committee

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**Partner's Meeting - April 29, 2010**  
**Arizona Nutrition Network**  
**Arizona State University Downtown Campus**  
**550 N. 3<sup>rd</sup> Street**  
**Phoenix, Arizona**

8:30 - 9:00 am      Registration  
Go Low Materials Exhibit  
Discussion Board Sign Up

9:00 - 9:30 am      Welcome and Introductions  
Dana Goodloe  
Arizona Nutrition Network Manager

9:30 - 10:00 am      Go Low Social Marketing Campaign  
Objective: To provide a preview of materials for the  
2010 Go Low campaign.  
Veronica Vaughn  
Arizona Nutrition Network Social Marketing Manager

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- 10:00 - 10:30 am Intake of Calcium Rich Foods  
Objective: Learn some of the factors that influence the intake of calcium rich foods in adolescents.  
Scottie Misner, PhD, RD  
University of Arizona Cooperative Extension
- 10:30 - 10:40 am Break  
Community Tool Kit Distribution  
Discussion Board Sign Up
- 10:40 - 11:40 am Loving Your Family Feeding Their Future-Family Meals  
Objective: To help busy mothers plan, shop, and prepare healthy, low-cost meals for their families and learn ways to let their children help.  
Tricia Kinnell, Nutrition Assistant  
Yuma County Health Services District
- 11:40 - 1:00 pm Lunch on Your Own
- 1:00 - 2:30 pm Round Robin Sessions  
Objective: Learn how partners are providing SNAP-Ed.  
Desert Mission-Jaynette Espinola  
City of Tempe Kids Zone-Brandon Hernandez  
Mercy Services-Heather Prentice  
Bullhead City-Doug Moreno  
Washington Elementary School District-Melissa Paulsen  
AzNN State Staff-Stephanie Hibbs and Therese Neal

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- 2:30 - 2:45 pm Break and Physical Activity - Ha:San
- 2:45 - 3:30 pm Physical Activity Guidelines and Let's Move Initiative  
Objective: Learn about the current recommendations for physical activity and about the new Let's Move campaign.  
Heather Lysfjord, MEd, ACSM HFI ®  
Arizona Department of Health Services
- 3:30 - 4:00 pm Arizona Department of Education Health and Physical Education Standards  
Objective: Learn about the newly revised Health and Physical Education Standards.  
Breann Westmore, CCFS  
Nerissa Emers, RN, CSN  
Arizona Department of Education
- 4:00 - 4:15 pm Nutrition Education Tool-MyPyramid Wheel  
Objective: Learn to use the MyPyramid Wheel in SNAP-Ed.  
Dolores Sawka, R.D.  
Arizona Department of Health Services
- 4:15 - 4:30 pm Wrap Up and Close of Meeting  
Community Tool Kit Distribution